

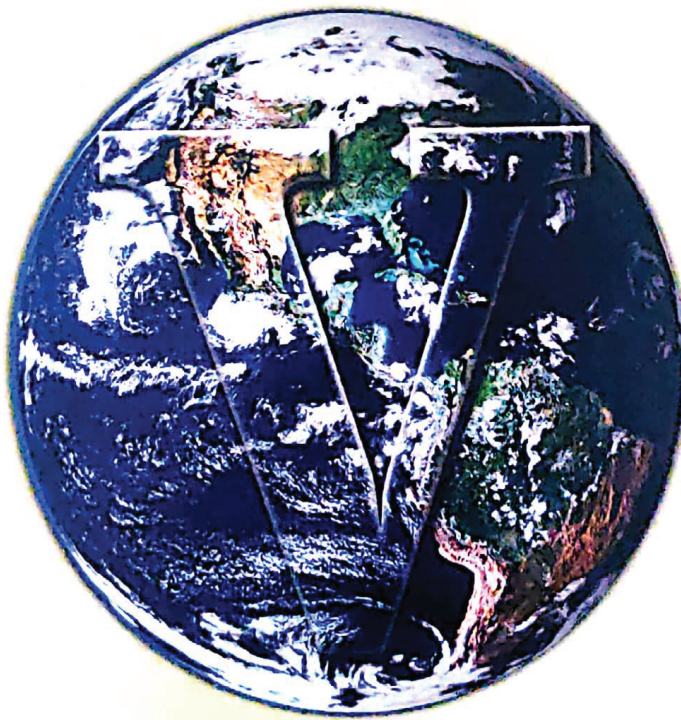
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4

Development of Standardized Education Package About Functional Foods and Health

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Dept. of Microbiology
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Research Paper - Microbiology

ABSTRACT

The aim of this paper is to describe methodology, existing methodology efforts have been made to develop a standardize education package (EPack) about Functional foods and Health education comprises consciously constructed opportunities for learning involving some form of communication designed to improve health literacy, including improving knowledge, and developing life skills which are conducive to individual and community health. This package, which will be helpful to prevent Nutritional deficiency diseases will also, be helpful to improve health status of all sections of the society. The study was initiated by development of standardized education package (EPack) about functional foods and health EPack standardization in terms of ranking and rating. The content of the EPack was carried out with the help of nutritionists and medical practitioners who were selected as esteemed judges for this purpose.

Key words: Standardization, Education Package, Functional Food and Health

Introduction:

Many researchers in various parts of India have assessed the existence of poor nutritional knowledge of Functional foods and health among people. It confirms the need



health which was very useful in integrating into their daily diet.

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